RESORT HAPPENINGS APRIL 2024

CALENDAR OF EVENTS

9am	Flow Yoga* (Meet in Fitness Studio) Annaliese	Fitness
11am - 3pm	Brunch	Breeze Ocean Kitchen
11:30am - 3pm	Brunch with Live Piano Music	Polpo Palm Beach
1 - 4pm	Live Music by Arturo Romay	Breeze Ocean Kitchen
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen

Tuesday 10:30am Body Sculpt Fitness Genene* Polpo Palm Happy Hour 5 - 7pm Beach 5pm -Happy Hour Breeze Ocean Kitchen close Wednesday Cycle (45 Min) Natalie Fitness 9am Mat Pilates* 10am Fitness Natalie Wine Down Wednesday Polpo Palm 11:30am Beach close Polpo Palm Happy Hour

Friday		
9am	Flow Yoga* Annaliese	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
5:30 - 9pm	Live Piano Music	Polpo Palm Beach
5:30 - 10:30pm	Live Music by Chad Michaels	Angle
6pm & 7:15pm	Room 745 & Gold Rush Escape Games	Loggers & Hide Away

Saturday

7:15pm

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11am	Restorative Yin Yoya*
5 - 7pm	Happy Hour
5pm - close	Happy Hour

Fitness Polpo Palm Beach Breeze Ocean

Kitchen

Live Music Calendar

Scan the QR code for our guide to where you can find live music throughout the resort each month and musician bios.



Нарру	Hour

Thursday

5 - 7pm

5pm -

close

10:15am	Barre & Beyond Lisa
5 - 7pm	Happy Hour
5pm - close	Happy Hour
5:30- 10:30pm	Live Music by Chad Michaels

Beach Breeze Ocean Kitchen

Fitness
Polpo Palm Beach
Breeze Ocean Kicthen
Angle

Fitness Center, Open Daily, 24 Hours

Our fitness center is accessible 24 hours a day with a room key and is fully staffed daily from 6am to 8pm, and features cardio equipment, free weights, a spin studio, and a yoga studio.

*Fitness classes are 60-minutes and complimentary to hotel guests based on availibility.

10 - 11am	Get Ripped* Michelle	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Oceo Kitchen
5:30 - 9pm	Live Piano Music	Polpo Palm Beach
5:30 - 10:30pm	Live Music by Chad Michaels	Angle
6pm &	Room 745 & Gold Rush	Loggers &

Escape Games

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Loggers & Hide Away

Stay in the Kn-Eau by downloading our new résort app! Available in the Apple Store (coming soon to the Google Playstore), you can enjoy benefits like accessing your mobile key, keep up to date on hours of operation, locate our activities calendars

delivered to your room!



and request certain items to be $\operatorname{iPhone}\nolimits$ users, scan the QR to stay connected.

PAUSE. PLAY. Perfect.

Eau Spa is our joyful 42,000 square foot, Forbes Five-Star spa wonderland devoted to you and everything you love most. Pause and leave the world behind. Play in our magical 'self-centered' garden; indulge in champagne, cupcakes and swing in chairs suspended over the reflecting pool. Perfect with one of our personalized treatments, delivered by masterful hands.

Eau Spa and bEAUtique Open Daily, 8:30am - 8pm

For reservations or more information, *Email concierge@eauspa.com or Dial 4960.*

SEA OF RELAXATION MASSAGE

Linen bundles filled with Marine Salt Crystals and Lavendar buds are pressed onto aching muscles to restore balance to the entire body. Complimentary gift after service. 90-minutes: \$325

LE GRANDE CLASSIC FACIAL

Leaves you with a clean, perfectly balanced, radiant complexion. This experience will deeply detoxify and gently exfoliate which restores the skins natural energy and vibrancy. Complimentary gift after service. 60-minutes: \$255 90-minutes: \$345

NEW SEASON, NEW HAIR

Receive a complimentary Miriam Quevedo Gift with purchase when booking any color and style combo. Starts at \$145

NOURISH YOUR NAILS

Get a complimentary gift when booking a Classic Manicure and Pedicure combo. Starts at \$140

GARDEN OF EDEN COUPLES PACKAGE

Relax into this bath, rich in minerals and trace elements, followed by a full-body mist and massage for an ultimate invigorating effect. 90-minutes: \$605 120-minutes: \$805

BEAUTIQUE

We are excited to introduce our hypnotic and alluring collections at the Eau bEAUtique. Always offering masterpieces and always open to the public.

SHOPPING.

Retail Shop

Stop by the Retail Shop for your everyday essentials, including snacks, beverages, accessories and apparel. Located adjacent to the Lobby. Daily, 8am - 9pm

PLAY Out.

Cycle Palm Beach

See Palm Beach from the seat of one of our complimentary beach cruisers, and trailers for the kids. Based on availability. **Visit the concierge desk or dial 4848**.

Serve & Stretch

60 - minute lesson & 30 - minute stretch **\$170 per person**

Baby Got Backhand

Book a private lesson with our team of tennis professionals or enjoy a leisurely hitting session on one of our Har-Tru clay courts.

Open 9am - 5pm. Dial 4848 or Text 561 475 3880. Reservations required.

Escape Games

Friday & Saturday, 6pm & 7:15pm The "Room 745" & "Gold Rush" Escape Games, up to 10 players per game. \$30++ per adult, \$20++ per child

Ocean Adventures

Seek out ocean adventures with paddleboarding, snorkeling our reef, and other beachside activities. Our Pool & Beach team is happy to assist with non-motorized sports and complimentary water shoes.

OCEAN Retreats.

Experience exceptional luxury and peaceful serenity in one of our private cabanas. With personal service and bespoke themed packages, escape to the privacy of your very own outdoor lounge and reserve the best seat in the house. *Dial 4848 to reserve.*



KIDS' & TEENS' Loggers & Hide Away

Enter a world of creativity & imagination. Kids can discover hidden treasures, scavenger hunts, or play games with the help of our expert staff. **Open Daily, 10am - 6pm. Dial 4833.**

Loggers - Ages 3 to 12 \$25/hour, per child \$55/half-day, per child \$95/full day, per child

Hide Away - Ages 13 to 17 Complimentary Arcade - Open 24 hours Splash Pad - Open Daily*, Weather permitting.

Kids Eat Free

As part of the Eau Daily Benefits, available with every reservation, Kids 5 and under eat free throughtout the resort, with the purchase of an adult entree.

In-Room dining & Angle excluded.

BONAppétit!

Polpo Palm Beach

Dine inside or outside at our upscale, authentic Italian restaurant that highlights Calabrian regional-inspired dishes, an Italian-influenced wine selection, handcrafted cocktails, and classic aperitifs and digestivos.

• Breakfast, 7 - 11:30am

- Lunch, 11:30am 5pm
- Bar Bites, 5 5:30pm
- Dinner, 5:30 9:30pm
- Friday and Saturday Live Piano Music 5:30 9pm

• Seaside Sunday Brunch, 11:30am - 3pm \$75

3-course prix fixe menu featuring botomless house

Mimosas & Bloody Mary's and live music.

• Happy Hour, Daily 5 - 7pm featuring Half Price Drinks at the Piano Bar.

Breeze Ocean Kitchen

Taste the flavors of Floribbean cuisine and local craft beers at our seaside restaurant. This is oceanfront dining with a side of sunshine.

Open Daily 11am - 8pm - weather permitting

Sunday Brunch, 11am - 3pm with

Live Music by Arturo Romay, 1 - 4pm Happy Hour, Daily 5pm - close

featuring \$8 Select Wines and \$5 Beers

Angle

Experience our farm to very elegant table at our Modern American Steakhouse. Begin the evening with a complimentary glass of bubbly.

Open Tuesday - Saturday, 5:30 - 9:30pm Thursday - Saturday *Live music by Chad Michaels*

until 10:30pm **Eau Neighbors Menu** featuring Prix Fixe, Three-Course experience, **\$125 per person**.

Stir Bar & Terrace

Enjoy, small bites and hand-crafted cocktails. Sushi available daily 4:30 - 9:30pm. Open Daily, 4pm- 12am Sushi Social, Everyday, 4:30 - 9:30pm

Bōken

Experience our new sushi restaurant with made-toorder sushi prepared with the freshest ingredients. Open Everyday - A la Carte Sushi Menu and a Toyosu Chef Sampler, 5pc or 9pc, available from 4:30 - 9:30pm, No reservation needed. Saturdays Only - Omakase Dinner Experience -15-course chef tasting at 6:30pm and 9pm. *Reservations required, must be made 24 hours in advance. 6 person maximum, \$225++ per adult. For reservations for 6 to 12 people, email

Savor

Dial 1923

Eau Spa's new outdoor terrace café featuring delectable dishes from a specially curated wellness menu. **Open Daily - 9:30am - 4pm**

restaurantevents@eaupalmbeach.com or

Melt

Ice Cream Shop featuring house-made ice cream flavors and toppings. Visit us at our shop next to the splash pad or at our satellite locations in the lobby & on the resort lawn.

Open Daily, 12 - 6pm

Oceana

Coffee Shop featuring locally roasted, Oceana Coffee™, house-made sweet treats, and Eau merchandise.

Open Daily, 7am - 4pm

APRIL EVENTS

Saturday, April 6th

Loggers

2 - 4pm Spin Art (North Ocean Lawn)

Saturday, April 13th Breeze Ocean Kitchen

11am - 5pm Tale of 3 Cheeses 3 dueling gourmet grilled cheeses paired with 3 craft beers \$21 per trio

Polpo Palm Beach

7:30 - 8:15pm Carmen Jon performance with pianist Chad Michaels

Saturday, April 20th Tennis

10am - 12pm Mixed Nuts Tournament \$75 per player

Fitness

5:30 - 7:30pm Chakra Flow \$50 class only/ \$150 class & spa pass

Friday, April 26th Stir

4- 6pm April Showers Bring May Flowers Floral Flavors to Fawn Over cocktail tasting

APRIL SPECIALS

White Mocha Caramel Latte

April's coffee of the month will excite the taste buds and give the perfect boost to your day. Classic latte featuring white mocha and caramel with your choice of milk. Sugar free also available. Available in Oceana.

Flor-oni Cocktail

The Flor-oni Cocktail is a welcoming touch of Spring for any happy hour get together. Made with Prescribed Gin, Munyon's Paw Paw, Lillet Blanc and Oleo Sacrum with an orange twist garnish, perfect for Spring. Available in Stir.





EAU PALM BEACH RESORT & SPA 100 SOUTH OCEAN BOULEVARD MANALAPAN FL 33462 561 533 6000 EAUPALMBEACH.COM #EAUMOMENTS



ALL ACTIVITIES AND EVENTS ARE SUBJECT TO AVAILABILITY AND WEATHER PERMITTING.

Prices exclude tax & gratuity.