

# RESORT HAPPENINGS

## JANUARY 2024

### CALENDAR OF EVENTS

Sunday		
9am	Flow Yoga* (Meet in Fitness Studio) Annaliese	Fitness
11am - 3pm	Brunch	Breeze Ocean Kitchen
11:30am - 3pm	Brunch with Live Piano Music	Polpo Palm Beach
1 - 4pm	Live Music by Arturo Romay	Breeze Ocean Kitchen
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
Monday		
10am	Vinyasa Power Hour*	Fitness
11am	Restorative Yin Yoya*	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen

Tuesday		
10:15am	Body Sculpt Lisa*	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
Wednesday		
9am	Cycle (45 Min) Natalie	Fitness
10am	Mat Pilates* Natalie	Fitness
11:30am - close	Wine Down Wednesday	Polpo Palm Beach
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen

Thursday		
10:15am	Barre* Lisa	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
5:30-10:30pm	Live Music by Chad Michaels	Angle

Friday		
9am	Flow Yoga* Annaliese	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
5:30 - 9pm	Live Piano Music	Polpo Palm Beach
5:30 - 10:30pm	Live Music by Chad Michaels	Angle
6pm & 7:15pm	Room 745 & Gold Rush Escape Games	Loggers & Hide Away

Saturday		
10 - 11am	Get Ripped* Michelle	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
5:30 - 9pm	Live Piano Music	Polpo Palm Beach
5:30 - 10:30pm	Live Music by Chad Michaels	Angle
6pm & 7:15pm	Room 745 & Gold Rush Escape Games	Loggers & Hide Away

#### Fitness Center, Open Daily, 24 Hours

Our fitness center is accessible 24 hours a day with a room key and is fully staffed daily from 6am to 8pm, and features cardio equipment, free weights, a spin studio, and a yoga studio.

\*Fitness classes are 60-minutes and complimentary to hotel guests based on availability.



PAUSE. PLAY. Perfect.

**Eau Spa** is our joyful 42,000 square foot, Forbes Five-Star spa wonderland devoted to you and everything you love most. Pause and leave the world behind. Play in our magical ‘self-centered’ garden; indulge in champagne, cupcakes and swing in chairs suspended over the reflecting pool. Perfect with one of our personalized treatments, delivered by masterful hands.

**Eau Spa and bEAUtique Open Daily, 8:30am - 8pm**  
For reservations or more information, Email [concierge@eauspa.com](mailto:concierge@eauspa.com) or Dial 4960.

TWILIGHT EVENT

Thursday, January 25th, 5 - 7pm,  
Eau Spa Self-Centered Garden  
Begin your evening with a complimentary mini facial and chair massage. This event includes Champagne and Light Bites. \$175 per person, limited to 15 individuals - Reserve your space early.

RELAX & FLOAT MASSAGE

Invite healing and relaxation by indulging in a therapeutic, aromatic CBD massage. After your massage experience our dry float bed, wrapped in a detox mask.  
90-minutes \$335

EAU-MAZING NAILS

Book a combo of Mango Manicure and Pina Colada Pedicure and receive a complimentary Pure Fiji Gift Set.  
105-minutes \$215

LED TREATMENT

Our Executive Peel treatment comes with a complimentary LED mask enhancement.  
30 - minutes \$195

TINSEL AROUND TOWN

Enjoy up to four complimentary hair tinsel strands of the color of your choice with any full-priced shampoo and style.  
Starting at \$85 per person

BEAUTIQUE

We are excited to introduce our hypnotic and alluring winter collections at the Eau bEAUtique. Always offering masterpieces and always open to the public.

SHOPPING.

Retail Shop

Stop by the Retail Shop for your everyday essentials, including snacks, beverages, accessories and apparel. Located adjacent to the Lobby.  
Daily, 8am - 9pm

PLAY Out.

Cycle Palm Beach

See Palm Beach from the seat of one of our complimentary beach cruisers, and trailers for the kids. Based on availability. Visit the concierge desk or dial 4848.

Serve & Stretch

60 - minute lesson & 30 - minute stretch  
\$170 per person

Baby Got Backhand

Book a private lesson with our team of tennis professionals or enjoy a leisurely hitting session on one of our Har-Tru clay courts.

Open 9am - 5pm. Dial 4848 or Text 561 475 3880. Reservations required.

Escape Games

Friday & Saturday, 6pm & 7:15pm  
The “Room 745” & “Gold Rush” Escape Games, up to 10 players per game.  
\$30++ per adult, \$20++ per child

Ocean Adventures

Seek out ocean adventures with paddleboarding, snorkeling our reef, and other beachside activities.  
Our Pool & Beach team is happy to assist with non-motorized sports and complimentary water shoes.

OCEAN Retreats.

Experience exceptional luxury and peaceful serenity in one of our private cabanas. With personal service and bespoke themed packages, escape to the privacy of your very own outdoor lounge and reserve the best seat in the house.  
Dial 4848 to reserve.



KIDS’ & TEENS’  
Loggers & Hide Away

Enter a world of creativity & imagination. Kids can discover hidden treasures, scavenger hunts, or play games with the help of our expert staff.  
Open Daily, 10am - 6pm. Dial 4833.

Loggers - Ages 3 to 12  
\$25/hour, per child  
\$55/half-day, per child  
\$95/full day, per child

Hide Away - Ages 13 to 17  
Complimentary  
Arcade - Open 24 hours  
Splash Pad - Open Daily\*,  
Weather permitting.

Kids Eat Free

As part of the Eau Daily Benefits, available with every reservation, Kids 5 and under eat free throughout the resort, with the purchase of an adult entree.  
In-Room dining & Angle excluded.

BON Appétit!

Polpo Palm Beach

Dine inside or outside at our upscale, authentic Italian restaurant that highlights Calabrian regional-inspired dishes, an Italian-influenced wine selection, handcrafted cocktails, and classic aperitifs and digestives.

- Breakfast, 7 - 11:30am
- Lunch, 11:30am - 5pm
- Limited Menu, 5 - 5:30pm (Monday - Saturday), 3 - 5:30pm on Sunday
- Dinner, 5:30 - 9:30pm
- Friday and Saturday Live Piano Music 5:30 - 9pm
- Sunday Brunch A la Carte, 11:30am - 3pm

\$15 Bottomless bloody marys and mimosas, \$30 Bottomless Veuve Clicquot mimosas and live music.

• Happy Hour, Daily 5 - 7pm featuring Half Price Drinks at the Piano Bar.

Breeze Ocean Kitchen

Taste the flavors of Floribbean cuisine and local craft beers at our seaside restaurant. This is oceanfront dining with a side of sunshine.

Open Daily 11am - 8pm - weather permitting  
Sunday Brunch, 11am - 3pm with Live Music by Arturo Romay, 1 - 4pm  
Happy Hour, Daily 5pm - close featuring \$8 Select Wines and \$5 Beers

Angle

Experience our farm to very elegant table at our Modern American Steakhouse. Begin the evening with a complimentary glass of bubbly.

Open Tuesday - Saturday, 5:30 - 9:30pm  
Thursday - Saturday Live music by Chad Michaels until 10:30pm  
Eau Neighbors Menu featuring Prix Fixe, Three-Course experience, \$125 per person.

Stir Bar & Terrace

Enjoy, small bites and hand-crafted cocktails. Sushi available daily 4:30 - 9:30pm.  
Open Daily, 4pm- 12am  
Sushi Social, Everyday, 4:30 - 9:30pm

Böken

Experience our new sushi restaurant with made-to-order sushi prepared with the freshest ingredients.  
Open Everyday - A la Carte Sushi Menu and 9-course chef tasting from 4:30 - 9:30pm, \$110 per person. No reservation needed.  
Saturdays Only - Omakase Dinner Experience - 15-course chef tasting at 6:30pm and 9pm.  
\*Reservations required, must be made 24 hours in advance. 6 person maximum, \$225++ per adult. For reservations for 6 to 12 people, email [restaurantevents@eaupalmbeach.com](mailto:restaurantevents@eaupalmbeach.com) or Dial 4923

Savor

Eau Spa’s new outdoor terrace café featuring delectable dishes from a specially curated wellness menu.  
Open Daily - 9:30am - 4pm

Melt

Ice Cream Shop featuring house-made ice cream flavors and toppings.  
Open Daily, 1 - 7pm

Oceana

Coffee Shop featuring locally roasted, Oceana Coffee™, house-made sweet treats, and Eau merchandise.  
Open Daily, 6am - 6pm

JANUARY EVENTS

Thursday, January 4th
Loggers
10am - 5pm Trivia and Prizes for National Trivia Day
Saturday, January 6th
Loggers
Noon - 2pm - “Bubble Bash” Featuring the Bubble Truck
Sunday, January 7th
Loggers
3 - 5pm - “Warm Winter Fest” with Snow Cones, and a Bounce House
Saturday, January 13th
Tennis
Noon - 1pm - Tennis the Menace “Kids Clinic”
\$25 per child
Thursday, January 25th
Fitness
5 - 6:30pm - Full Moon Chakra
\$50 Class Only
\$150 Class + Spa Day Pass

JANUARY SPECIALS

Fitness

Commit to Be Fit - 20% off a 10 session Personal Training Package with one of our certified personal trainers

Winter Spritz

Celebrate winter in Florida with this delicious cocktail. Made with Prescribed Gin, Aperol, Fresh squeezed Cara Cara Orange Juice, Simple Syrup, fresh squeezed lemon juice and topped with Prosecco.

