

# RESORT HAPPENINGS

## MARCH 2024

### CALENDAR OF EVENTS

Sunday		
9am	Flow Yoga* (Meet in Fitness Studio) Annaliese	Fitness
11am - 3pm	Brunch	Breeze Ocean Kitchen
11:30am - 3pm	Brunch with Live Piano Music	Polpo Palm Beach
1 - 4pm	Live Music by Arturo Romay	Breeze Ocean Kitchen
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
Monday		
10am	Vinyasa Power Hour*	Fitness
11am	Restorative Yin Yoya*	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen

Tuesday		
10:30am	Body Sculpt Genene*	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
Wednesday		
9am	Cycle (45 Min) Natalie	Fitness
10am	Mat Pilates* Natalie	Fitness
11:30am - close	Wine Down Wednesday	Polpo Palm Beach
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen

Thursday		
10:15am	Barre* Lisa	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
5:30- 10:30pm	Live Music by Chad Michaels	Angle

Friday		
9am	Flow Yoga* Annaliese	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
5:30 - 9pm	Live Piano Music	Polpo Palm Beach
5:30 - 10:30pm	Live Music by Chad Michaels	Angle
6pm & 7:15pm	Room 745 & Gold Rush Escape Games	Loggers & Hide Away

Saturday		
10 - 11am	Get Ripped* Michelle	Fitness
5 - 7pm	Happy Hour	Polpo Palm Beach
5pm - close	Happy Hour	Breeze Ocean Kitchen
5:30 - 9pm	Live Piano Music	Polpo Palm Beach
5:30 - 10:30pm	Live Music by Chad Michaels	Angle
6pm & 7:15pm	Room 745 & Gold Rush Escape Games	Loggers & Hide Away

Live Music Calendar  
Scan the QR code for our guide to where you can find live music throughout the resort each month and musician bios.



#### Fitness Center, Open Daily, 24 Hours

Our fitness center is accessible 24 hours a day with a room key and is fully staffed daily from 6am to 8pm, and features cardio equipment, free weights, a spin studio, and a yoga studio.

\*Fitness classes are 60-minutes and complimentary to hotel guests based on availability.

#### Stay in the Kn-Eau by downloading our new resort app!

Available in the Apple Store (coming soon to the Google Playstore), you can enjoy benefits like accessing your mobile key, keep up to date on hours of operation, locate our activities calendars and request certain items to be delivered to your room!

iPhone users, scan the QR code to stay connected.





PAUSE. PLAY. Perfect.

Eau Spa is our joyful 42,000 square foot, Forbes Five-Star spa wonderland devoted to you and everything you love most. Pause and leave the world behind. Play in our magical ‘self-centered’ garden; indulge in champagne, cupcakes and swing in chairs suspended over the reflecting pool. Perfect with one of our personalized treatments, delivered by masterful hands.

Eau Spa and bEAUTique Open Daily, 8:30am - 8pm  
For reservations or more information, Email [concierge@eauspa.com](mailto:concierge@eauspa.com) or Dial 4960.

TWILIGHT EVENT

Thursday, March 28th, 5 - 7pm, Eau Spa Self-Centered Garden  
Join us at Eau Spa for an evening of magical self-care. This Sound Bath Experience will give you a sacred opportunity to completely surrender into deep relaxation Reserve your space early. Limited to 10 individuals. \$175 per person.

RELAX & FLOAT MASSAGE

Invite healing and relaxation by indulging in a therapeutic, aromatic CBD massage. After your massage, experience our dry float bed, wrapped in a detox mask. 90-minutes \$335

EAU-MAZING NAILS

Book a combo of Mango Manicure and Pina Colada Pedicure and receive a complimentary Pure Fiji Gift Set. 105-minutes \$215

LED TREATMENT

Our Executive Peel treatment comes with a complimentary LED mask enhancement. 30 - minutes \$195

TINSEL AROUND TOWN

Enjoy up to four complimentary hair tinsel strands of the color of your choice with any full-priced shampoo and style. Starting at \$85 per person

BEAUTIQUE

We are excited to introduce our hypnotic and alluring collections at the Eau bEAUTique. Always offering masterpieces and always open to the public.

SHOPPING.

Retail Shop

Stop by the Retail Shop for your everyday essentials, including snacks, beverages, accessories and apparel. Located adjacent to the Lobby. Daily, 8am - 9pm

PLAY Out.

Cycle Palm Beach

See Palm Beach from the seat of one of our complimentary beach cruisers, and trailers for the kids. Based on availability. Visit the concierge desk or dial 4848.

Serve & Stretch

60 - minute lesson & 30 - minute stretch \$170 per person

Baby Got Backhand

Book a private lesson with our team of tennis professionals or enjoy a leisurely hitting session on one of our Har-Tru clay courts. Open 9am - 5pm. Dial 4848 or Text 561 475 3880. Reservations required.

Escape Games

Friday & Saturday, 6pm & 7:15pm The “Room 745” & “Gold Rush” Escape Games, up to 10 players per game. \$30++ per adult, \$20++ per child

Ocean Adventures

Seek out ocean adventures with paddleboarding, snorkeling our reef, and other beachside activities. Our Pool & Beach team is happy to assist with non-motorized sports and complimentary water shoes.

OCEAN Retreats.

Experience exceptional luxury and peaceful serenity in one of our private cabanas. With personal service and bespoke themed packages, escape to the privacy of your very own outdoor lounge and reserve the best seat in the house. Dial 4848 to reserve.



KIDS’ & TEENS’

Loggers & Hide Away

Enter a world of creativity & imagination. Kids can discover hidden treasures, scavenger hunts, or play games with the help of our expert staff. Open Daily, 10am - 6pm. Dial 4833.

Loggers - Ages 3 to 12  
\$25/hour, per child  
\$55/half-day, per child  
\$95/full day, per child

Hide Away - Ages 13 to 17  
Complimentary  
Arcade - Open 24 hours  
Splash Pad - Open Daily\*,  
Weather permitting.

Kids Eat Free

As part of the Eau Daily Benefits, available with every reservation, Kids 5 and under eat free throughout the resort, with the purchase of an adult entree. In-Room dining & Angle excluded.

BON Appétit!

Polpo Palm Beach

Dine inside or outside at our upscale, authentic Italian restaurant that highlights Calabrian regional-inspired dishes, an Italian-influenced wine selection, handcrafted cocktails, and classic aperitifs and digestivos. • Breakfast, 7 - 11:30am • Lunch, 11:30am - 5:30pm • Dinner, 5:30 - 9:30pm • Friday and Saturday Live Piano Music 5:30 - 9pm • Seaside Sunday Brunch, 11:30am - 3pm \$75 3-course prix fixe menu featuring botomless house Mimosas & Bloody Mary’s and live music. • Happy Hour, Daily 5 - 7pm featuring Half Price Drinks at the Piano Bar.



Breeze Ocean Kitchen

Taste the flavors of Floribbean cuisine and local craft beers at our seaside restaurant. This is oceanfront dining with a side of sunshine. Open Daily 11am - 8pm - weather permitting Sunday Brunch, 11am - 3pm with Live Music by Arturo Romy, 1 - 4pm Happy Hour, Daily 5pm - close featuring \$8 Select Wines and \$5 Beers

Angle

Experience our farm to very elegant table at our Modern American Steakhouse. Begin the evening with a complimentary glass of bubbly. Open Tuesday - Saturday, 5:30 - 9:30pm Thursday - Saturday Live music by Chad Michaels until 10:30pm Eau Neighbors Menu featuring Prix Fixe, Three-Course experience, \$125 per person.

Stir Bar & Terrace

Enjoy, small bites and hand-crafted cocktails. Sushi available daily 4:30 - 9:30pm. Open Daily, 4pm- 12am Sushi Social, Everyday, 4:30 - 9:30pm

Böken

Experience our new sushi restaurant with made-to-order sushi prepared with the freshest ingredients. Open Everyday - A la Carte Sushi Menu and a Toyosu Chef Sampler, 5pc or 9pc, available from 4:30 - 9:30pm, No reservation needed. Saturdays Only - Omakase Dinner Experience - 15-course chef tasting at 6:30pm and 9pm. \*Reservations required, must be made 24 hours in advance. 6 person maximum, \$225++ per adult. For reservations for 6 to 12 people, email [restaurantevents@eapalmbeach.com](mailto:restaurantevents@eapalmbeach.com) or Dial 4923

Savor

Eau Spa’s new outdoor terrace café featuring delectable dishes from a specially curated wellness menu. Open Daily - 9:30am - 4pm

Melt

Ice Cream Shop featuring house-made ice cream flavors and toppings. Visit us at our shop next to the splash pad or at our satellite locations in the lobby & on the resort lawn. Open Daily, 12 - 6pm

Oceana

Coffee Shop featuring locally roasted, Oceana Coffee™, house-made sweet treats, and Eau merchandise. Open Daily, 7am - 4pm

MARCH EVENTS

Thursday, March 7th Polpo Palm Beach 5:30 - 9:30 Meet & Greet with Ron & Dominique Rosa celebrating our 2nd anniversary with live music and happy hour all night! \$75 prix fixe menu or a la carte menu
Saturday, March 9th Breeze Ocean Kitchen 1 - 4pm JF Hadens Meet & Greet and tasting
Saturday, March 16th Stir 4 - 6pm Colorful Concoctions: Using Nature’s Ingredients
Sunday, March 17th Breeze Ocean Kitchen Green Beer All Day 1 - 4pm Jameson Tasting
Friday, March 22nd Stir 4 - 6pm Spring Forward: Botanical Bevergae Basics
Saturday, March 23rd Loggers 12 - 3pm Petting Zoo Breeze Ocean Kitchen 1 - 4pm JF Hadens Meet & Greet and tasting
Sunday, March 24th Tennis 11am - 3pm Sets on the Beach Round Robin Tournament \$60 pp
Friday, March 29th Stir 5:30 - 6:30pm Bourbon and Jellybean Tasting
Saturday, March 30th Stir 4 - 6pm Egg-Onomics 101: Why, when and how to use egg whites in cocktails
Sunday, March 31st Polpo Palm Beach 11:30am - 3pm Easter Brunch Buffet \$155 per person/ \$65 per child ages 5-12 (plus tax + gratuity) Loggers 11 - 11:30am & 2 - 2:30pm Easter Egg Hunt Complimentary for resort guests/ locals included in the price of a childs brunch buffet Email <a href="mailto:mfrazier@eauspa.com">mfrazier@eauspa.com</a> to sign up - space is limited

MARCH SPECIALS

Fitness

Commit to Be Fit - 20% off a 10 session Personal Training Package with one of our certified personal trainers

Rocky Road to Dublin Cocktail

Made with Jameson Stout, Green Chartreuse, Angostura Bitters, Peychaud’s and Demerara Syrup then served over a large ice cube in a rocks glass. The finishing touch on this delicious drink is a smoke and an orange peel garnish. Available in Stir.

