

# July 2020 Group Fitness Schedule

## Motion Studio 1 & Live On EauSpa Instagram

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM Beachside Yoga Danielle	10:00 AM Flow Yoga Natalie	9:00 AM Body Sculpt Amy	8:30 AM Hatha Yoga Natalie	10:15 AM HIIT Amy	9:00 AM 30/30 Amy	9:00 AM Body Sculpt Maksim

## Motion Studio 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 AM RealRyder Spin (45 Min) Michelle					9:00 AM RealRyder Spin (45 Min) Michelle
			9:00 AM RealRyder Spin (45 Min) Michelle			

## Group Fitness Class Cards

If Class Card is not consumed by expiration date, then the remaining balance may be redeemed towards normal cost of a class. Class Cards expire 3 months after date of purchase. Class cards cannot be shared.

# of Classes	Price	Usage Length	Bonus	Day Pass Value
1	\$25.00		Discounted Eau Spa Day Pass Purchase for \$50 (Regularly \$100)	\$50 Off
5	\$100.00	3 Months	50% off 1 Eau Spa Day Pass	\$50 Off
10	\$150.00	3 Months	1 Complimentary Eau Spa Day Pass	\$100
20	\$200.00	3 Months	1 Complimentary Eau Spa Day Pass	\$100

## Personal Training and Pilates Reformer Training

Must be used within a 3 month period from purchase date. Time and dates subject to availability.

# of Private Sessions	Price	Bonus
1 (30 minutes)	\$85.00	Discounted Eau Spa Day Pass Purchase for \$40 (Regularly \$60)
1 (1 hour)	\$125.00	Day Spa Pass Included Day of Session